



**CARDINAL
NEWMAN**
CATHOLIC HIGH SCHOOL

Extra Curricular Activities Programme



‘Growth is the only evidence of life’

St John Henry Newman



Service



Compassion



Forgiveness



Truth

MONDAY



Climb Newman's Chess ladder

If you want to learn how to play chess or compete for a top spot on Newman's chess ladder then join in the fun at **lunchtime** in the school library.



Can You Crack the Code?

Join Miss Jones and Mr Bishop every Monday in **M3 from 3-4pm** for 'Codebreaking Club'. If you like solving puzzles and reading secret messages then why not come along?



Shoot For the Stars

Year 7 and 8 can join Miss Airey from **3-4 pm** every Monday in the **Sports Hall** for a game of netball. Meet new friends, hone your skills and have lots of fun along the way.



Study Club

You can take advantage of our great IT facilities every **lunchtime** in the **LRC**. Catch up on homework, do some research for that school project, or play some educational games. You will need to collect an LRC pass from the school office at the start of the school day as this club fills up quickly.



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Chaplaincy

Come along and share a joke, have a chat and even join our school chaplaincy group. Mrs James is available every Monday at **break and lunchtime in the Chaplaincy room**. (Opposite RE1)



CHAPLAINCY

Maths x Lego = Fun

Calling all future engineers, Mathematicians and those who simply want to have fun! There are endless opportunities for students in Key Stage 3 to solve, design and build at Mrs Shaw's 'Maths and Lego Club'. You'll find it all happening in **M3 every Monday lunchtime**.



School Choir

Did you know that researchers have studied singing and discovered it improves levels of happiness so there will be definitely smiles all around in the Music room every **Monday lunchtime**. If you love singing or just want to try something different whilst having lots of fun along the way—join Mrs Haggerty's school choir.



Help with Homework

If you want a quiet place to study, access to great IT facilities or need some help with tricky homework tasks—why not go along to homework club with Mr Darbyshire in the **Library** from **3-4pm**.



TUESDAY



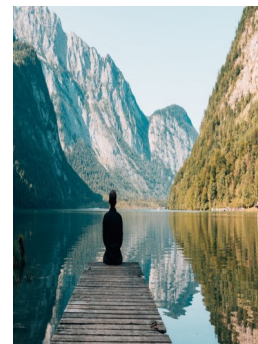
Rugby with Warrington Wolves

This is a fantastic opportunity for all Year 7 to participate in Rugby training that is led by coaches from Warrington Wolves. From passing to catching, dribbling to kicking—come along and develop your skills or learn a new one. Every **Tuesday 3–4pm**.



Let's Reflect

Our lives are all incredibly busy and sometimes we all just need a quiet space to think, reflect and pray. The Chaplaincy room (opposite RE1) is open for silent prayer at **breaktime** and Prayer through colour at **lunchtime** in the **Chapel**



Duke of Edinburgh Drop In

If you are in **Year 9** and have enrolled on the D of E programme, Mr Darbyshire is available in the school **library** at **lunchtime** to answer any questions or offer support with any aspect of the course—whether that is about preparing for the expedition, volunteering or physical recreation.



Study Club

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Strike Up the Band

Your school band needs **YOU**. Calling all students who have an instrument—whether that be guitar, flute, saxophone, etc and want to play and perform with our school band, come along to band practice in the **Music** room every **Tuesday lunchtime**.



Climb Newman's Chess ladder

If you want to learn how to play chess or compete for a top spot on Newman's chess ladder then join in the fun at **lunchtime** in the school **library**.



Quiet Zone

The **Tranquility Suite** is open at **break** and **lunchtime** for students who need a calm and quiet place to escape.



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WEDNESDAY



Sports Galore

This club offers you a fantastic opportunity to try out a wide range of different sports. Can you be a champion at Ultimate Frisbee? A gold medallist in New Age Kurling? Or how about just coming along with your friends to have some fun? Each session is led by a professional coach and everyone is welcome to come along to the **Sports Hall from 3.15—4.15 pm** every Wednesday.



Dramarama

It's back! Bigger and better than before—Miss Kelly's Key Stage 3 Drama Club. Develop characters, design costumes, demonstrate your skills or just have fun acting up with your friends. Your stage awaits in **Drama 1 from 3—4pm**.



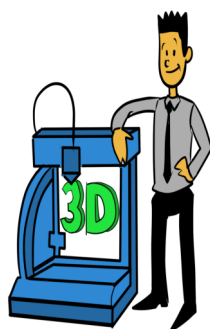
Key Stage 4 Art

Students in Years 10 and 11 who are studying art and want to channel their creative energy at **lunchtime** can join Miss Hunt in **A2** every Wednesday. You can pick up a lunch pass from Miss Hunt if you need to beat the canteen queue.



3D Printing Club

If you are interested in how computers can be used to design and build 3D models—then this may be the club for you. Come along to IT4 every **Wednesday Lunchtime** and Miss Lyne will show you how to use computer software to create your own 3D models.



Walk, Talk, Worship

Fancy going for a walk on Wednesday? Join the Chaplaincy group for a breaktime stroll or pop along to the Chapel at lunchtime and take part in 'Praise' and Worship'



Focus on Fixtures

Day for your diary: If you are on the football, rugby, netball or any other sporting team, then Wednesday night is the PE Department's fixture night. Head down to the PE department to check out who your opponents are for this week!



Help with Homework

If you want a quiet place to study, access to great IT facilities or need some help with tricky homework tasks—why not go along to homework club with Mr Darbyshire in the Library from 3 – 4pm.



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THURSDAY



Dancemania

Delivered by a professional coach, this is a really fantastic opportunity to try out a range of dance styles from Street Dance to Contemporary, from Cheerleading to Zumba. Students at Cardinal Newman can hit the dancefloor 'Strictly' style every **Thursday from 3pm—4pm** in the **Assembly Hall**. Complete beginners to dance experts are all welcome, come along and shine under the 'Newman Glitterball'.



Get Creative

Miss Hunt is looking forward to working with Year 7 and 8 students in **A2** at **lunchtime** to create some artwork from recyclable materials for our school Eco garden. Come along and be part of a fantastic transformation.



Music Maestros in the Making

Mrs Haggerty's lunchtime music club is something you don't want to miss out on. Ukuleles, keyboards and so much more to explore.



Every Thursday **lunchtime** in the **Music Room**.

Eco Warriors Wanted

If you want to protect the environment and make a positive impact upon our school community, then you may want to consider becoming an 'Eco Warrior'. Drop into the **library** at **lunchtime** to register your interest and collect an application from Mr Darbyshire or Miss Culleton.



Year 11 Drop In

If homework is giving you a headache, exams making you feel uneasy or you need help with college applications, Mrs Ward will have the kettle on in T2. Come along and have a cuppa and a chat every Thursday lunchtime.



Netball (Years 9 and 10)

Netball is a fantastic way to expend some energy, improve your fitness and have fun with friends. All Year 9 and 10 are welcome to come along every **Thursday from 3—4pm**.



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FRIDAY



Movie Magic

Mrs Conneely and Miss Brady will be screening the film versions of famous books in **E4 every Friday lunchtime**.

Great books, great films, great discussion— 'Book-Flix and Chill Club' is the perfect ingredient for a 'Feel Good Friday'. All welcome.



Turn Trash to Treasure

Mrs Grehan is looking for Year 9 students to help her give some old furniture a new lease of life. This 'Upcycling Club' will give you the chance to experiment with different patterns and textures and turn the dreary into designer. The fun starts in **A1 every Friday lunchtime**.



Fun Time Friday

Chatting, crafting and colouring, the Chaplaincy team have something for everyone to enjoy. Come along and have a go at the wide range of activities taking place in the **Chapel at lunchtime**.



Commit to Get Fit

Do a turn on the treadmill, build stamina on the bike or improve your cardio on the rower—Year 7 students can access our school Gym from 3–4 pm every Friday.



Training for the **Year 7 Futsal team** also takes place from **3-4 pm** every Friday evening.

Checkmate

Pop down to the **library at lunchtime** and test your skill, strategy and creative thinking with a game of chess. Experts and beginners welcome. Where will you end up on our Chess ladder?



Study Club

You can take advantage of our great IT facilities every **lunchtime** in the **LRC**. Catch up on homework, do some research for that school project, or play some educational games. You will need to collect an LRC pass from the school office at the start of the school day as this club fills up quickly.



Quiet Zone

The **Tranquility Suite** is open at **break and lunchtime** for students who need a calm and quiet place to escape.



Music Lessons

If you are interested in learning to play an instrument or want to improve your singing, we have a team of expert tutors who are in school every Friday and Monday. Contact Mrs Haggerty, Head of Music, for further details.



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